

Mariam Phiphia

Bilateral exchange program participant (Istanbul Bilgi University)

Caucasus School of Humanities and Social Sciences (CSH)

"When I heard that I would be spending the spring semester at Bilgi University in Istanbul, I searched for all the information, toured the campus, and was very happy to wait for the academic process to begin. Upon arrival, I visited the university, it really exceeded all expectations, because along with the interesting infrastructure, part of the university has its own history and is now a museum. Every detail of Bilgi is outstanding.

I study at the Faculty of Psychology and I can say that this program in Bilgi is outstanding because the lecturers make all subjects very interesting. Evolutionary psychology is a special subject because I am particularly interested in human development from the point of view of evolutionary psychology, what important influences it includes and how it explains behavior. In this semester, I had the opportunity to deepen my knowledge in this direction.

As for the student life in Bilgi, it is quite active. Various student clubs plan events that are always fun.

While I am abroad, I spend most of my free time getting to know the sights of Istanbul better. Every day is full of new discoveries and adventures, which makes me very happy.

In the end, I would say that the best opportunity for self-development and getting out of your comfort zone is to participate in an exchange program. The experience gained here is incomparable, and the memories made are eternal."